

My Swimathon Challenge

200 lengths (5km) of Shirley Pool

Judy Bannister swam 5K on 28th April. Here's her story

Last year I swam 100 lengths for the Swimathon challenge; this was a distance I knew I could do, having accomplished this distance several times during my regular early morning swims.

This year I decided I really had to challenge myself, so I doubled it. To train I kept up my early morning swims, regularly doing 100 lengths. I was not able to do any more than that because the pool was never open for long enough.

The day arrived, Saturday 28th April, we were allocated lanes, each lane had 5 swimmers & an official counter armed with a clip board, off we went.

Two of the swimmers in my lane were doing the mile challenge, so when they completed their 65 lengths the remaining 3 of us had a bit more space. I went well for 120 something lengths, then I started to get cramp in my right calf & left thigh. A short stop eased it & avoiding sudden movements just about kept it at bay. Everybody else finished their challenges; I kept ploughing on; by the last 10 lengths I could no longer even keep count for myself, but I made it! It took me 2 hours 17 minutes, a real challenge. It was very nice to have Kevin & my sister Rachel there to see me finish.

A very big THANK YOU to everybody that sponsored me, the money I have raised will help Marie Curie Nurses care for more people with terminal cancer and other illnesses in our local area.

Link to results http://www.swimathon.org/results.php

Link to sponsor page
http://my.artezglobal.com/personalPage.aspx?registrationID=370372&langPref=en-CA