Hardley Runners

Minutes of AGM

10 am Sunday 03rd March 2024

Attendees

Claire	Aplin
Jeremy	Barber
Jo	Blackmore
Steve	Blight
Paul	Blundell
Charmaine	Bradford
Matt	Casey
Dan	Chown
Meghan	Claridge
Barbara	Clark
Kev	Day
Sarah	Fitton
Sally	Harbut
Hilary	Hinks
Jane	Hodge
Simon	Ibbotson
Louise	Kitcher
Dan	Latham
Kim	Latham
Mark	Lee
Adrian	Mudle
Linda	Noke
Ray	Noke
Aaron	Pritchard
Louisa	Rayner
Malcolm	Renyard
Sue	Renyard
Tamsin	Roberts
Marnie	Seymour
Barbara	Shearsmith
Phil	Shearsmith
Andy	Simpson
Mike	Sleath
Mike	Smith
Julie	Swainston
Barbara	Walton
Rob	Wells

Apologies

Mick	Anglim
Lindsay	Godden
Ron	Godden
Tiffany	Hanley
Chris	Harris
Tracey	Hickson
Nicky	Maltby
Phil	Rudd
Alice	Rudd
Susan	Stone
Andy	Suswain

Item 1. Record attendees / apologies

See above as record of attendance from the self-sign register.

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Item 2. Minutes of 2023 AGM

The 2023 minutes were available on the club website. These were proposed and seconded as an accurate reflection of the 2023 AGM.

Proposed: Simon Ibbotson
Seconded: Marnie Seymour.

Item 3. Chairman's report

DL described 2023 as another successful year with a lot of fun had along with the running. DL thanked all the club coaches, club captains, Solent Half organisers and helpers, social run organisers, social team, the whole committee and everyone who has come along to runs and represented the club at events.

The chairman observed Hardley Runners club scope goes beyond the running; we compete, train, encourage beginners and beyond, socialise, organise, support the community, and raise money for local charities. Supporting each other through injury (when the Hardley people are missed just as much as the running).

A moment was taken in recognition of the achievements in the room, whether this was first steps as a runner, training to meet a target, achieving or completing a goal, or simply encouraging others to achieve great things. The club is proud and wider than the running alone.

Item 4. Treasurer's report

The 2023 accounts were outlined during the AGM and distributed to members prior to this. The club remains in a strong financial position with the accounts being available on request.

Item 5. Re-election of officials

Re-election of all (non-vacant) current officials:
Proposed: Claire Aplin
Seconded: Louisa Rayner

The advertised X/C role remains vacant.

Resulting in the following committee for 2024:

PRESIDENT	Mick Anglim
CHAIRMAN	Dan Latham
SECRETARY	Charmaine Bradford
TREASURER	Daniel Chown
MEMBERSHIP	Jane Hodge
COACHING / BEGINNERS	Chris Harris
ONLINE DIARY	Tamsin Roberts
X/C	TBD
RR10	Meghan Claridge / Tamsin Roberts
HRRL	Alice Rudd
CC6	Matt Casey / Roger Morgan
TRI/CTT	Mick Anglim
CLUB KIT	Sarah Fitton
WEBMASTER	Simon Ibbotson

PUBLICITY	Louise Kitcher
SOCIAL	Marnie, Julie, Louisa
SOLENT HALF	Dan Latham
COMMITTEE MEMBER	Jack Fairbrother
SENIOR COMMITTEE MEMBER	Jeremy Barber
IT COORINATOR (LOVE ADMIN SYSTEM)	Adrian Mudle
WELFARE OFFICER / DBS Verifier 1	Phil Rudd
WELFARE OFFICER 2 / DBS Verifier 2	Charmaine Bradford

Item 6. Membership report

The current membership stands at 174 members (2023 = 192) with 129 (2023 = 138) EA registered.

Lifetime members (£0)	2
Social Members (£17)	27
Age 15-20 (£0)	5
2nd Claim (£17)	6
Out of county (£7)	5
Full members (£34)	129

JH reported the committee reviewed membership categories (at November 2023 committee meeting) following member's feedback relating to the current categories. Following this meeting, the committee proposed:

EA Members (currently £34, formally full members)
Non-EA Members (currently £17, formally social members)

Where Non-EA members will be able to go to training, run in RR10s, CC6s etc. Addressing members concerns received during the analysis of feedback.

Non-EA members cannot enter events which require EA membership, i.e. HCCL races, will not receive race discounts or have results assigned to Hardley Runners in EA affiliated races such as the HRRL series.
Full benefits for EA members:
Benefits of Athlete Registration - England Athletics

It was noted Club coaches and run leaders are required to join EA (training, DBS, first aid etc) – see AOB

Proposed: Jane Hodge
Seconded: Sally Harbut

A vote for these new categories took place…

In Support	**Against:**	**Abstain:**
7 (postal)	2 (postal)	
35 (in person)		2(in person)

JH advised the membership year runs 1st April to 31st March. EA have increased their fees by £2 to £19, the proposal is to add £1 to the EA membership category and leave the rest the same this year. It was highlighted if members are struggling to pay the fees they can contact Phil Rudd – Lead Welfare Officer.

EA Members	£35
Non EA Members	£17
Second Claim (not including EA)	£17
Lifetime members – no change	£0
Under 21s – no change	£0
Out of county (with option to add EA)	£7

Proposed: Jane Hodge
Seconded: Tamsin Roberts

Item 7. Club Standards / Welfare
It was highlighted that all EA clubs (not just EA members) need to mandate and comply with the following seven standards to ensure members have a safe and positive experience with the club.

Standard 1 – Constitution:
The following updates were proposed for 2024:
i) Update to include email as well as postal votes to para 8

Proposed: Charmaine Bradford
Seconded: Meghan Claridge

ii) Update to include a new para 'The club email system shall only be used for club administration activities. The committee should first approve emails containing member's views or seeking votes.'

Proposed: Charmaine Bradford
Seconded: Paul Blundell

iii) Update to remove 'Associate members' terminology and include 'Out of County' instead for 'Members under the age of 18 and Associate members are not entitled to vote'

Proposed: Jane Hodge
Seconded: Simon Ibbotson

Standard 2 – Committee Key Roles
All EA mandated roles are filled. EA mandate having two welfare officers / DBA verifier, we welcome Phil Rudd as Peters replacement as lead welfare officer. Phil has the mandatory training course booked to satisfy this standard

Standard 3 – Grievance and Disciplinary Policy
No update required for 2024

Standard 4 – General Data Protection Policy
No update required for 2024

Standard 5 – Inclusion and Diversity Policy
No update required for 2024

Standard 6 – Club safeguarding and code of conduct
Checkbox to be included on membership application to sign up to code of conduct(s) applicable to members role(s), i.e., club member, coach, etc. With a link provided to access these codes of conducts. This is applicable to all club members not just EA members, as Hardley Runners is an EA affiliated club and needs to be able to confirm both:
-Hardley Runners implements the club safeguarding code of conduct
-All club members agree to abide by code of conducts relating to their role

Standard 7 – Health and Safety Policy / Risk Assessment
No update required for 2024

Item 7. Coaching

SI thanked all the run leaders on behalf of CH and expressed great teamwork being able to adapt and cover sessions at short notice. Adrian was thanked for organising the summer social evening runs which over 30 members attended.

Congratulations passed to Ian Ordish who has completed his Coach In Run Fitness (CIRF) qualification and thanks to Claire Aplin for continuing to help and encourage more steadier runners to attend training.
It was raised the club welcomes additional coaches, so anyone who would like to know more about being a run leader or extending their run leader qualification to the CIRF qualification should speak to Chris Harris.

Members at the Tuesday training sessions were reported as excellent and consistent, with lower numbers on Thursdays (possibly due to 5k pub runners or preference to run in the daylight).

Several new sessions have been introduced which were popular, with coaches collecting feedback on these. A bleep test was introduced and will be repeated incorporating feedback from the initial session (flat area, larger speaker etc)

The coaching team are planning a joint session between New Forest Runners and Hardley runners.

First Aid:
There are now 7 coaches and run leaders with First Aid Level 3 as outlined by UK Athletics. Training is being organised for the remaining 4 run leaders.

An updated first aid kit is now available from the coach at training sessions.

Beginners:
Julie and Brendon will be leading the Beginners Course for 2024 at Dibden Enclosure; this will be the only location in 2024.
Posters and advertising are being publicised to the local community.
Many members have offered to support. It was asked if these runners could wear hi viz so beginners could easily identify existing members.

Item 8. Club kit report

SF confirmed sales of club kit were non-profit making with new kit in stock in all sizes. £538 of kit sales made in 2023, with some old stock of T-shirts and vest still available at £10 per item.
Hoodies are available from Branding Worx Totton (£27.50). It was noted the kit information needs updating on the club website kit page.
The Hardley Runners bobble hats, made for charity, are still available on request from SF.

Item 9. Hants Road Race League (HRRL) report

CB provided a report on behalf of AR. The 23/24 league was reduced to 12 races (instead of 13) following the cancellation of New Forest 10 race due to flooding.

Seven of the 12 races are now complete, with runners results counting towards both individual and team scores. Runners completing 7 or more races receive a mug and if all 12 races are run a t-shirt is given.

A total of 18 men and 12 women Hardly members have taken part in an HRRL race this season.
A special mention to Dave Wilson who has completed all HRRL races this season.
Ladies A team is currently 10th in Womens A2 div
Ladies B team is currently 12th in Womens B2 div
Mens A team is currently 10th in Mens A2 div
Mens B team is currently 8th in Mens B2 div

The next race is Salisbury 10 miles on 17th March. Members wanting a place were advised to look out for available places on the HRRL number swaps FB page. Where a member has a place available it was requested they advertise to other Hardley Runners first before advertising on the HRRL swaps page.

The 2024 club championships race was confirmed as Lordshill 10k 7th July 2024, runners were advised to enter early to avoid disappointment.

Item 10. CC6 report

MC thanked everyone who had been involved in the CC6 current season, with one more race to go on 10th March at Itchen Valley. Fixtures averaged 10-15 men and 3-6 women each race representing Hardley Runners. Both teams are currently in the top 5.

Hardley Runners and Totton Running club will again jointly host in 2024, planned for Ocknell Campsite once again.
It was highlighted that everyone can run in a CC6 (approx. 4-5 miles each race) and represent the club provided they wear a club vest / t-shirt and register parkrun barcode in the same process as used by RR10s (only need to register once). A good selection of homemade cakes are normally available post run.

Item 11. RR10 report

TR/MC introduced themselves as the new club captains and informed members of the Wednesday evening RR10 season approaching; a reminder was given that no headphones are to be worn.
It was highlighted that everyone can run in a RR10 (approx. 4-5 miles each race) and represent the club provided they wear a club vest / t-shirt and register parkrun barcode in the same process as used by CC6s (only need to register once).

A change in date was agreed at the RR10 AGM seeing Hardley and Winchester swapping dates, the 2024 Hardley Runners hosted date is Aug 7th 2024.

Medical reminders were given:
-details of medical conditions (ie, details normally entered on the back of a race numbers) are to be passed on to RR10 medical team prior to the events, via club welfare officer.

-nil by mouth policy (ie no medication or water) to be given by marshals to race casualties, the medical team will administer this based on medical assessment.

Item 12. Hampshire Cross Country

Position vacant, please speak to a member of the committee if interested.

Item 13. Solent Half

DL thanked those involved in the sell-out 2023 event, which reached the capacity of 500 entries. It was noted the breakeven point is approx. 350 entries with the remaining profit going to charity.
The 2024 event is on 6th Oct with race entry now open and the advert shared on Facebook.
It was reported although there was a medical incident at the 2023 event the casualty was ok later that evening.

Item 14. Publicity / Charity

LK advised publicity for both the 2024 Solent Half and 2024 beginners course is well underway.
A proposed charities shortlist of 11 potential charities has been emailed to members for feedback, LK highlighted the club is open to suggestions for future charities to support.

Item 15. Social

MS thanked everyone that came to a Hardley Runners social event in 2023.

Further events for 2024 are being planned and an email has been sent out to the membership for dates to keep free for the following social events:
11th May – Christchurch Paddle (kayak or paddleboarding); CB to investigate hire equipment nearby.
29-30th June – Marnies birthday celebrations Durdle Door
6th July – Hardley Runners Picnic and Awards at Lepe
14th July – Social run at Studland (approx. steady pace 7.5miles)
19th-20th July – White Star Cider Frolic 24hour event (Teams of 6, email Julie to register interest)
October – Run the forest ultra, split into sections as successfully done in 2023

An additional idea was proposed to do a foodbank social run to deliver food parcels as done by other running clubs; this would need to be coordinated with opening times of the foodbank.

Item 16. Diary

Details of races or events continue to be sent to TR to be published in the shared Hardley Runners diary:
www.hardleyrunners.co.uk/RaceDiary.html

A request was made to include the Tuesday social run in the diary, which currently starts at 6pm.

Item 17. Web

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SI advised results, news and diary are all kept up to date using input from club weekly Facebook feed, but additional news items, info / pictures can be sent in via email.
Historical data of awards has now been added to the site but send in any more info if available (ie, navigators hat winners and reason for win).
Kit info and additional historical data is being updated.

The new Wordpress website is planned for 2024. The aim of this to improve the design, functionality and security, allowing for a quicker and easier method of adding content and making changes whilst maintaining the history of the current website data.
Local ownership for hosting is also being looked into. This will overcome the current time-consuming update process and hosting on an out of date platform and account.
It was raised a Love Admin alternative should be looked at alongside the new website due to increasing costs.

AOB:

-Mass first aid course available to all members
A first aid trainer may be available to the club to provide additional first aid skills to members (in addition to coaches' mandatory first aid training).
A show of hands showed 12 members would be interested in this from those present.

-Proposal for club to fund the cost of EA membership for Coaches and run leaders
Following discussion in membership section 'Club coaches and run leaders are required to join EA (training, DBS, first aid etc), it was suggested the club should subsidise this.
JH to implement this in membership renewal.
Proposed: Phil Shearsmith
Seconded: Louisa Rayner

-Exbury 10k
Members were requested to save the date of 23rd June to help out with the Exbury 10k, similar to previous years.

-Committee Thanked
Jeremy passed on thanks to all the club volunteers.

Meeting closed 11:40
Minuted by Charmaine Bradford
for Hardley Runners