Hardley Runners and the Dirty Double, Lake District 2011

In November 2008, a group of Hardley Runners entered the two Lake District trail runs that make up the 'dirty double'– unfortunately the two races were not repeated but are being resurrected for 2011 and again there will be a party heading up there from Hardley for a long weekend next November.

I know November 2011 sounds like a long way away but entries will sell out well before that date – races opened for entries on the 2nd October and they are already 35% sold out so if you do want to run then be wise to get entries in sooner rather than later



The first race, held on Saturday 5th November, is the 15km Helvellyn trail run – quote from the race website

'A stunning 15km course taking in dramatic mountain views skirting the slopes of Helvellyn. This course will both test and exhilarate you. The course along well marked and marshaled footpaths and bridleways takes you high into the foothills of Helvellyn with elevated panoramic views of Ullswater, and dramatic vistas of Helvellyn and the surrounding peaks.



The second race is the 13km Ullswater trail run held on Sunday 6th November, 10.30 start, and includes a pre-paid steamboat crossing of Ullswater to the start of the run.



"the most scenic lakeside trail in the UK" 'A beautiful half hour cruise aboard the Ullswater Steamer "Raven", brings you to the start in the hamlet of Howtown. The course along well marked and marshaled footpaths and bridleways follows the lake shore, giving panoramic views of Hellvelyn and the surrounding peaks. Much of the course passes through ancient woodland, which will be at its autumnal best'



You can enter either race separately or cheapest option is for a combined entry at £40 total for the 2 races provided entry is received prior to the 31st January 2011.

Details and entries available on the Lakelands website http://www.lakelandtrails.org/ullswater/index.htm
Likely accommodation will be the Helvellyn youth hostel and travel will probably involve heading up to the lakes on the Friday and returning on the Monday but exact details will be worked closer to the date.

If anyone is interested then please get your entry/entries in and let me know so that we can work out accommodation and travel arrangements – if enough, then hopefully we can get a minibus sorted

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