2007 World Duathlon Championship Report



Hardley's Duathlon Duo

Hardley Runners brought back two medals from the World Duathlon Championships held in Gyor, Hungary on 20 May.

Mick Anglim is now the World Duathlon Champion M60, adding to his British Championship gold medal win at Ashbourne last month.

Howard Doe collected his third World Duathlon Bronze medal in the M55 category following his GB bronze in Derbyshire.

The event was held on closed flat roads in the centre of the picturesque town with a first run of over 9 kms followed by a tortuous 36 km bike ride with 40 dead turns and corners. The final 5 km run finished in front of the magnificent town hall.

There were over 800 competitors from 32 countries and the bike transition area extended over 300 metres along the main road. The unbroken sunshine took the temperature over 25 C and made the run legs particularly gruelling.

In the M60 race Mick was 3rd after the first run but had a strong bike leg and the fastest final run to win in 1 hour 54 minutes beating the 2nd placed Austrian competitor by 43 seconds with the 3rd placed Australian at 1 min 16secs.

Howard battled again with two very swift German competitors and had the 2nd fastest first run to finish in 1:52:56.

The only other gold medal won by the GB men's squad was in the Elite race with Paul Amey winning by only 5 seconds.

Hardley's other World Championship contestant was Kevin King who could not repeat his M45 silver medal win at the British Championships after being laid low by a stomach bug. His 14th place out of 55 competitors in 1:52:00 reflected his determination to complete the course, despite his illness.

Mick and Howard will be contesting the European Duathlon Championships in Edinburgh next month on a much hillier course over Arthur's Seat.

And Kevin recovered from the bug in time for the British Sprint Triathlon Championships last Sunday. He stormed to 1st O45 and 6th overall from 250 finishers.