

Hardley Runners

Minutes of AGM

7.30 pm Monday 10 February 2020

Hythe & Dibden Community Centre

Attendees

Jan	Anghim
Mick	Anghim
Jeremy	Barber
Stephen	Blight
Charmaine	Bradford
Annie	Bruce-Low
Dan	Chown
Hannah	Cockle
Sally	Harbut
Brendon	Harbut
Chris	Harris
Sarah	Hood
Simon	Ibbotson
Sally	Kirk
Dan	Latham
Linda	Noke
Dan	Powell
Sue	Renyard
Malc	Renyard
Tamsin	Roberts
Andy	Suswain
Roy	Van Hal
Robert	Wells

Apologies

Tim	Anetts
Claire	Aplin
Danii	Bundy
Patrick	Butler
Barbara	Clark
Marlene	Delauney
Mike	Delauney
Marilyn	Farmer
Tracey	Hickson
Jane	Hodge
Roger	Morgan
Ray	Noke
Peter	Pimentel
Dave	Wilson

2019 AGM Minutes

The 2019 Minutes were available on the club Website and a hard copy at the meeting. These were proposed and seconded as a true record of that meeting.

Proposed: J Barber

Seconded: S Ibbotson

Chairman's Annual Report – M Anghim

Having been Chairman for decades I've again been Acting Chairman since the last AGM and would be really pleased if we could find a permanent Chair person who can represent our Club effectively on the local running scene!

Our Club has many facets from an active social running group, through training, Triathlon, cycling to those who enjoy assault course events.

We are part of four popular running Leagues and our sincere thanks go to our Race Captains for organising teams in those.

Vicki Clarke retired as Hampshire Road Race League at the end of last season and Dan Powell has recently stepped forward to take her place.

Thanks also to Tim Anetts our Cross Country League Captain who led by example at Popham on Saturday to keep our men in Div 2.

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The other two Leagues require Hardley to organise our own races. Thanks go to all of those Captains:

Hannah Cockle and Roger Morgan for the CC6
and Dan Latham and Rob Wells for the RR10.

All have worked very hard to field teams in those League events.

Training

Our thanks go to our great coaches Chris, Steve, Andy, and Ian Ordish. They all continue to provide support and encouragement to a growing number of members of all abilities with help from Run Leaders Simon Ibbotson, Dan Chown and more recently Andrew Mansfield, Karen Denham and Julie Swainston, Thanks also to Chris and Paul for organising the Beginners Course last year and for their commitment again next month.

The Hardley Committee Members

Behind the scenes our Club relies heavily on the commitment of our:

Treasurer Dan Chown, who keeps us financially sound,
Jane Hodge our Membership Secretary managing our LoveAdmin system
and Charmaine Bradford our Club Secretary.

Marilyn Farmer also does a great job of managing the club kit from home so our thanks for allowing that.

Thanks also to our Social Committee Sally, Dani, Sarah and Anne Maylott who resigned last year.

Thanks go again to Vicki Clarke, our outgoing Solent Half Marathon Race Director who worked so hard to make our prestige event so successful. We desperately need a new Run Director to keep our prestige race alive.

The club website is without doubt the best in the area thanks to our Webmaster, Jeremy Barber, who also maintains the Geoff Mills Trophy table.

Claire Aplin no longer runs but took on the Publicity Officer role and has recently been joined by Danii Bundy.

Tamsin Roberts does a great job of maintaining our Race Dairy.

I'd like to thank our only two Life Members Ray and Linda Noke for organising the weekly Social Runs and to Rob Wells for recording those for posterity on our Facebook site.

We are fortunate to be able to use Applemore Recreation Centre as a convenient training venue although few of our members use our entitlement to the showers after training. Despite initial concerns that the Forestry Commission would become obstructive we are all grateful to be able to run and train in the Forest.

Finally I would like to thank everyone who supports the club in any way by marshalling, organising running or social events, attending various League and Club meetings, buddying new members on training nights etc. Please join me in showing our appreciation for everyone who has spent time and effort helping our club to thrive.

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Treasurer's Report – D Chown

Income & expenditure were comparable to 2019 & we continue to sit in a healthy financial position.

With regards forecasting 2020, no significant changes have been brought to my attention although in January we have been investing in our some of our runners taking leadership training courses and thank those for participating in these.

Detailed figures can be obtained on request from our club committee.

Re-Election of Officers

A bulk re-election of officers was proposed

President	Mick Anglim
Chairman	Vacant (M Anglim, Acting)
Secretary	Charmaine Bradford
Treasurer	Dan Chown
Membership Secretary	Jane Hodge
Webmaster	Jeremy Barber
Hants Road Race Captain	Dan Powell
Cross Country Captain	Tim Anetts
RR10 Captains	Rob Wells, Dan Latham
CC6 Captains	Roger Morgan, Hannah Cockle
Tri Captain	Mick Anglim
Club Coaches	Chris Harris, Steve Henry, Andy Simpson, Ian Ordish
Online Calendar	Tamsin Roberts
Applemore Notice Board	Chris Harris, Mick Anglim
Club Kit	Marilyn Farmer
Publicity Officer	Claire Aplin, Danii Bundy
Tri Captain	Mick Anglim
Social Committee	Sarah Hood, Danii Bundy, Sally Harbut
Solent Half Marathon	Vacant

Proposed: L Noke

Seconded: A Suswain

Membership Secretary's Report – J Hodge

As at 20 January Hardley Runners had 185 runners compared to the 190 we had this time last year. I have itemised below how many are in each category and would like to reiterate what the difference is between full and non-competitive members.

Full members belong to England Athletics and their membership fee Includes access to twice weekly coached training sessions and free entry in up to 21 Hampshire Cross Country League , RR10 and CC6 League races. Only full members count as Hardley Runners in Open races and receive a discount on Open road and off-road races which is usually £2 and sometimes more.

Non-competitive members receive free entry to 16 RR10 and CC6 League races.

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Lifetime Membership	2
Social Membership	7
Membership age 15 to 20	6
Non Competitive Members	30
Full Membership out of county	6
Full membership	<u>134</u>
	185

Hardley Runners' membership year runs from 1 April to 31 March. For any new member joining after 1 January their Hardley Runners (and England Athletics if they choose to join EA as well) subscription covers them from 1 April until 31 March of the following year i.e. a "grace period" of up to 3 months.

Club Kit – M Farmer

The value of stock that we have at the moment is £1036. This is made up of £805 new colour vests and t shirts 51 items, £104 old colour vests and t shirts 13 items and £127 of very old stock.

Sales from 1st of Jan to 31st of December 2019 were £331.00

19 items were sold from the new colour stock. 12 vests (7 men's and 5 lady's) and 7 t shirts (5 men's and 2 lady's).

Various other items from the very old stock were sold at reduced prices at a loss of £22.50.

It seems to be working selling the Kit from my home. A record of who buys which item and when is kept so that the stock sheets balance. If I am not in can leave the item under the doormat and money or cheque can be put through the letter box. If I am away generally have someone who can cover for me. I do also offer to post items for runners living further away.

The system does allow runners to purchase at weekends or in the evenings and also to try on to make sure they get the right size.

Cross Country

Tim lead the mens team at Popham to finish 2nd and remain in Div 2 for next season.

The womens team were 16th out of 30 teams, another excellent result putting them in mid table in the ladies league.

A reminder was given that these Cross Country league events are free to all our EA members.
<https://www.hampshireathletics.org.uk/events/hxcl.html>

It was thought that none of our members would attend the nationals due to the travel distance.

Hants Road Race League

Dan Powell has very kindly taken on this role following a brief period with no captain. Training on the LoveAdmin system will be taking place shortly to enable Dan to send out global emails to members.

It was reported the Salisbury 10 event is currently full but to keep an eye on the facebook swap page as we don't currently have a complete mens or ladies team for this event.
https://hrri.z33.web.core.windows.net/2020/HRRL19-20/2019-20_HRRL_Fixtures.pdf

Lordshill 10k is our club championship event this year. Entries are not yet open but will be soon.

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CC6 League – H Cockle & R Morgan

It was reported this league continues to be popular with all abilities within the club, with the top turnout being 21 members for one of the fixtures this year.

At least 3 new members have attended CC6s this season. Our captains reported they are still coming up with ways to encourage new participants to these events, with an idea being to capture footage of a CC6 event via go-pro camera to publicise how enjoyable these events are.

A combination of loveAdmin emails, facebook posts and in person at training sessions have been the methods used to encourage / remind members to attend these events.

Thanks were passed on to stand in captains on the occasion where both Hannah and Roger could not be at the event.

Our hosted CC6 event was very successful with no parking issues or Forestry commission issues reported.

There are only 2 events left for this season <http://www.cc6.co.uk/>:

Ashurst

Wilverly

Although a couple of spare club vests are usually in the box of kit taken to events, it was requested at the last committee meeting Roger would investigate the possibility of adding a few more spares.

RR10 League – R Wells & D Latham

Our RR10 captains reported the next RR10 season starts 22nd April 2020 at Royal Victoria Country Park.

A list of all the venues, host clubs and drop out races can be found on the RR10 website.

<http://rr10.org.uk/>

Our captains advised that our club hosted event will be 3rd June 2020 and members were encouraged to keep this date free to help marshal etc.

There is a new venue of Sparsholt College added to the league this season.

As detailed online, the drop out events for this season will be Wilverly and Manor Farm for Hardley Runners.

At the RR10 AGM, additional club requests to join the RR10 league were declined due to an already increasing number of participants in these events from the existing clubs. Adding more clubs would increase issues related to car parking etc. It was suggested a potential East / West league split if more clubs requested to join the league.

Publicity – C Aplin & D Bundy

Our publicity team report.

A mission statement has been produced that can be added to any publicity. Its purpose is to succinctly state who Hardley Runners are for anyone that's interested in joining. It goes as follows:

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Who are Hardley Runners

The Hardley Runners want to help EVERYONE on the Waterside achieve their running goals. We provide training, races and social runs for ALL running abilities, from those that want to WIN, to those that want FITNESS, FUN and FRIENDSHIP. Whether an accomplished runner, a lapsed runner or an absolute beginner, Hardley Runners is here for YOU!

For more information contact energybar6@btinternet.com or visit <http://www.hardleyrunners.co.uk>

An attempt has been made to publicise a variety of Hardley Runners news items ranging from exceptional achievements to running activities for all. Publicity has been placed onto Facebook, sent to the Herald and when appropriate to the Lymington Times and Southern Daily Echo.

Danii is exploring the possibility of starting an Instagram page as this is common among other running clubs and may help to reach our target market.

A new shirt design is in progress. A poll of two designs has been carried out on Facebook and there are print outs to review. At the moment the poll seems to indicate an almost 50/50 split in the number of people that like each design. Roughly, it appears that competitive runners prefer the striped shirt, whilst others prefer the landscape design. As a club we need to decide if we proceed with either or both of the designs. Any design used competitively will need to be signed off by England Athletics. So far a price has been received for the landscape design which would be £24. Additionally, a comment has been made that the logo could be updated - it may be useful to hold a vote here at the AGM to determine if this is something that others would like to see or not.

Publicity circulated online and in hard copies for the Beginners Group in 2019 was highly successful, resulting in over 70 locals turning up for the first session.

Flyers were provided for the Solent Half.

Danii has joined Claire in the publicity role and if any other members would like to flex their publicity muscles then please contact Claire (Claire would be happy to help train those muscles if required). As Claire is no longer running she is keen for others to get involved if they would like to, particularly where they are regularly running and attending events. Claire would also request that publicity ideas are sent directly to her and Danii - subject matter does not need to be written - bullet points are fine.

New Vest Discussion

Both designs (on paper) were passed round. It was stated that for racing purposes the race vest along with the club name must be clearly identifiable and visible. We would be allowed to change the text of the existing design without re-registering with EA.

It was questioned what the club was trying to achieve by introducing a new or additional club vest. Many agreed that members are only wearing the club vest when compulsory in events but when given the choice of what to wear for an event, members are not choosing the club vest. It is hoped the new vest would help to address this and assist in promoting the club.

Options were discussed including:

- 2 vests ie, one race (EA registered), one social (for training / any event not requiring an EA registered design) – It was thought the new design vest would be ok for RR10 and CC6 events but not other league events.
- 1 new EA registered design, combining ideas from both designs proposed at AGM
- Existing vest with an additional ladies alternative within the same design

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The cost of the existing Ronhill vests has been kept minimal due to being able to produce approx. 3 from the fabric. There is still the potential to get a womens specific fit from our current supplier as demonstrated by the sample t-shirts trialled by some of our members (these sample t-shirts are for the fit only, they are not yet Hardley Colours)

Before any decision is made an email poll should be completed in addition to the initial Facebook polls.

Subsidising the club kit or at least the new design was discussed to encourage members to purchase items and assist in promoting the club. However any discount and timescale of any offer would need to be discussed further.

Solent Half Marathon

Our 2019 Half Marathon was again a great success. £6,800 was spent on the event with over £2000 profit the club is able to donate to local charities.

At the time of this AGM there is no Race Director and for the first time the race risks not going ahead in 2020.

The Race Director (or race committee) do not have to organise road closure and related signage as this is organised by a third party. The race director role could be a shared role or a small committee as it has been in previous years.

There is some interest of this event being taken over commercially however, this will unfortunately remove it from the HRRL listings.

A potential financial incentive was discussed to encourage members to take on this role rather than see it organised by a commercial party.

If the 2020 race can go ahead, it is thought it will be around the third week in Sept.

Hardley Website – J Barber

Those present agreed we had a great website, with Tamsin doing a fantastic job of keeping the diary populated and up to date.

Race results are very efficiently uploaded to the website with RR10 / CC6 mostly updated by midnight the same day as the run itself.

Thanks was passed on to the team captains for passing on results / publishing to Facebook The website now is acting as a permanent record of the club members results.

A request was made to keep news articles coming in to be published.

A concern was made that new technology does not support the current setup and hosting of the club website. It is not a case of purchasing new or replacement hardware to resolve this.

Training/Coaching – C Harris

The current coaching team (Chris, Andy, Ian, Steve and now Simon) were thanked for supporting both new and current members throughout the training sessions.

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Thanks were given to both Dan and Paul for supporting sessions, also to Karen, Julie and Andy for the successful beginners course.

In 2020 some more of our members are joining the coaching / leadership team.

Training is going well. The coaching team meet every 2 months to plan the next training timetable. The sessions are currently road based but will return to the forest in April and around Easter time for the Track sessions.

It was suggested the social runs might be both Tuesday and Thursday to allow all members to attend.

Fartlek session have been popular this season, 'Fartlek in the Forest' is going to be trialled when the training plan returns to the forest sessions.

Successful paarlauf and family fun track session were arranged for the 2019 season with both events remaining popular.

A run and revise event was planned in association with England Athletics, however no youngsters turned up. This is thought to be due to the suggested week EA had this planned for being the busiest week for exams.

Recent discussions have taken place to form a pathway between New Forest Juniors (16+) and Hardley runners, who show an interest in endurance running. Dan, Hannah and Chris will attend the New Forest Juniors AGM for visibility of Hardley runners and our sessions / events. New Forest Juniors and their coach will then be invited to attend some of our forest sessions.

This will however mean that we will need a welfare officer (for all under 18s) who will need to hold an enhanced DBS licence. It was noted that DBS applications are now transferrable.

There is a new beginners course due to start March 30 with the aim to introduce running forming part of a healthy lifestyle. This year it will be linked to the 'this girl can' campaign. Posters have been produced and distributed and will be publicised in the Lymington times and the Herald. This was popular last year with over 70 people attending. It is thought that around 6 of these participants went on to join Hardley Runners.

Both Tamsin and Callum are due to complete the leadership course in 2020 and Ian and Andy to attend further training courses.

Social

Thanks were passed on to everyone who made the Christmas party a success. The venue and cost of the drinks have made it a popular choice for the same again next year.

The Social committee plan to meet soon to discuss and plan the next Hardley Runners social events.

The Awards lunch was discussed, to be held approx 10 days after the Lordshill 10k race (June 28th).

A social event involving 'Escape Rooms' has been requested with positive responses, this is being looked into by the social committee.

The Kayaking was a successful event in 2019 with the potential to repeat this year.

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There are also several running / social team events where coach travel for the team has been organised.

Any Other Business

- Committee meeting venues.
Members of the committee take turns to host club committee meetings were appropriate, however it was suggested that due to the number of members on the committee and the sometimes difficulty of finding a host it was suggested we might consider a venue to hire.
- Membership fees:
It was agreed the membership fees would stay the same for 2020
- Parkrun and Hardley Runners:
It was suggested as part of bridging the gap between local clubs and local parkruns, Hardley runners could support a parkrun by providing pacing at a local event. It was decided once Brockenhurst parkrun returns to Brockenhurst College, this would be the most appropriate time to organise this event. Brockenhurst parkrun has not had a pacing event before.

Meeting closed 20:48

Minuted by Charmaine Bradford
for Hardley Runners