

# Hardley Runners

## Minutes of AGM

7.30 pm Wednesday 8 February 2017

Studio 2 Applemore Recreation Centre, Dibden, Southampton

### Attendees

Jan	Anglim
Mick	Anglim
Adrian	Mudle
Mel	King
Kim	Wainwright
Chris	Harris
Sue	Renyard
Malcolm	Renyard
Simon	Ibbotson
Steve	Henry
Steve	Bennett
Ann	Maylott
Robert	Wells
Terry	Earney
Jane	Hodge
Jeremy	Barber
Annie	Bruce-Low
Andy	Suswain
Mike	Delauney
Linda	Noke
Danii	Bundy
Sally	Kirk
Sally	Harbut
Roy	Van Hal
Paul	Blundell
Ian	Banks
Leonora	Stovell
Charmaine	Bradford
Angela	Simmonds
John	Simmonds
Mary	C .....
R	Dolf
Mike	Callus
Sue	Stone
Andy	Kellaway

### Apologies

Karen	Denham
Sarah	Hood
Tim	Anetts
Alice	Ryder
Barbara	Shearsmith
Phil	Shearsmith
Julie	Swainston
Mark	Lee

## 2. 2016 AGM Minutes

The 2016 Minutes were available on the HR Website and were proposed and seconded as a true record of this meeting.

Proposed: M Anglim

Seconded: L Noke

## 3. Chairman's Annual Report

The Chairman welcomed all present at the AGM and recorded the apologies. He thanked members who continue to support the club. "I would yet again like to thank our long serving Club Secretary, Ray Noke, Mick Anglim our President, Jan Anglim our Treasurer, who without their longstanding support the club would not be what it is today and of course the other Committee members and all our club members. As a club Hardley Runners still continues to attract significant numbers of runners, many as we know to keep fit, or for weight control, while others train for the RR10, HCCL, HRRL or other running events. The club continues to support all aspects of running and as always welcomes runners of any standard, as we have always presented ourselves as a friendly and sociable club. A comment I received from one of the new clubs, Netley Abbey Runners, at our Handicap, said that they wanted their club to be just like ours. We should not forget the social side of the club and the several social events, none of this can be achieved without the valued contributions from all of our members.

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Now in my second year as Chairman, it's been more business as usual this year, with no major changes, and hopefully the Online membership system settling in. Although I'm sure that there will be comments for and against, with my only comment on this being that the web site is not mobile friendly as I have noticed a lot of younger members only use tablets and phones.

On the competitive scene, our thanks go to our Race Captains for rallying teams in the four local leagues the Hampshire Road Race League, Cross Country League, RR10 and CC6. Thanks to all the Captains including Simon Ibbotson for the CC6/7, myself for the HRRL and the outgoing Captains Steve Bennett for the RR10 and Ian Banks for the HCCL. All have worked hard again this year to field teams in those League events.

Credit as always goes to our fantastic coaches Chris, Steve, Andy, Kim, and Ian Ordish. They all continue to provide excellent support and encouragement to a growing number of members of all abilities. These training sessions are the first most new members see of the club with the coaches and members always welcoming new runners. Not forgetting to mention Chris, Paul, and Kim for organising the Beginners Course last year and also starting again this year.

Thanks to Kim Cotton/Wainwright our Membership Secretary managing the new Online membership system. Steve Henry as our sole outgoing Social Committee member organising the Awards, Solent and Christmas events last year and the Awards lunch this year.

The RR10 Summer Series requires a special mention, as this year was re-organised with drop out events to reduce the numbers of runners at each event, such is the league's popularity. Unfortunately Steve Bennett is unable to continue as RR10 Captain, and we need a replacement to allow these very popular events to continue. Past Captains are willing to help out so if anyone is tempted to take on this role, you will have the support of the club.

The Winter CC6 or is it 8 League also continues to be popular with Simon doing a great job encouraging Hardley Runners participation and organising for the first time another excellent race this year. A great course and a great event, with thanks yet again to all those who helped, and to the ladies and gents who supplied the cakes.

The HCCL has yet again been a challenge and special thanks go to Ian Banks for running these teams, and getting members to participate. Hardley was asked to hold an event in this league last year, only spoiled by some runners through bad parking. It's with regret that Ian has also decided to stand down with injuries preventing him from participating himself.

The Solent Half Marathon was again a great success due to the hard work of our Race Directors, Chris Harris and Mick Anglim and their sub-committee. It was always a personal wish of mine that we should make the event sell out, and with the help of all sub committee and members we achieved this. So well done and thanks to all, though a special mention should go to Claire Aplin who produced the promotional material for this.

Exbury 5, run for the last few years by Sue Stone, had a new team of helpers in 2016. However numbers were down last year, and with Exbury not being able to meet with the club until late last year it was decided that it would not get the publicity off the ground in time for this year.

Thanks to Jeremy Barber, our excellent Webmaster and Geoff Mills Trophy Recorder. Still amazes me how he finds time to do this when he is off running marathons in the Falklands, Easter Islands, Tibet and other exotic locations.

In the past the club used to have a Communications Co-ordinator, and I was wondering if an IT officer could replace this, as I do spend quite a lot of my time managing the paysubs site.

Sue Renyard continues to ensure that members and the wider world are kept informed about events and results. Communications through these various channels are essential to keep our club thriving. Please keep the news flowing to help Sue publicise the club.

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Sue Sleath stood down from updating the Race Dairy, and those of you who have looked will notice this is now a Google calendar, and can be shared by anyone who uses this calendar. Anyone wishing to take on updating this please let us know or it could be rolled into an IT officer roll.

Leonora Stovell stood down last year and was replaced by Marilyn Farmer who ensures that members have club and safety kit available for the training nights and club races. The stock is now being held at Hythe Carpet and Bedding Shop with thanks to Ian Hawker for this storage.

Applemore Recreation Centre still provides a convenient training venue, with most appreciating the summer months when we can run in the forest.

I would finally like to thank anyone else who I have forgotten to mention in supporting the club by marshalling, printing flyers, attending committee meetings, buddying new members on training nights etc. Please join me in showing our appreciation to everyone who has spent time and effort putting ideas into practice for the enjoyment of us all.

#### 4. Treasurer's Report

The Accounts Report for 2016 together with Notes was distributed for information to those present at the meeting and explained in detail by the Club Treasurer (available upon application to the Treasurer).

After the increase in subscriptions last year, I'm glad to report that the Hardley Runners bank balance is once more in a very healthy position. The threat of a higher garage rent did not materialise, but no doubt this will be happening at some stage. The 2016 profit and loss account shows an income over expenditure. These figures do not include the SHM and CC6 amounts which are shown on the P&L account.

##### Membership Income v's Running Expenses

Explained in detail (available upon application to the Treasurer)

##### Income

Explained in detail (available upon application to the Treasurer)

##### Running Costs

Affiliation fees totalled £2,001.50 as we are affiliated to 8 organisations. This amount also includes MoM entry fees and the Applemore track hire during the summer.

##### Kit

We purchased vests and T shirts to the value of £800. Our kit value stands at approx £1,667.

##### Social

Our social events were all self funding except the £46 spent on paying for GMT guests at our Awards lunch.

##### Other Expenses

Equipment - the only equipment bought in 2016 was storage boxes for our kit.

##### Garage

We paid fees for a third of garage space in 2016.

##### X/C & HRRL Transport Expenses

In 2016 we paid for transport expenses to the Ryde HRRL race and the Masters X/C

##### Coaching

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We paid for one coaching course.

### Miscellaneous

Stationery, stamps, printer cartridges, engraving, Web hosting fee £85.68 and AGM food.

### Solent Half Marathon

We have separate accounts for the SHM although all the monies go through the HR bank account. To summarise, we reached our limit of 500 runners and have already given donations to various charities. We still have surplus to give to charity which will come under AOB.

### 2016 Forecast

The EA are again raising their individual subscription to £14 but this will not affect our income as these subscriptions go in and immediately out of our account. Last year less members paid EA subs and if 'Unaffiliated' entries remain at £2, then more runners may not become EA members. However, race systems are getting more efficient and if you are not an up to date member, you have to pay the Unaffiliated fee. Also, you cannot run in the 5 HCCL races or the 3 X/C Championships; neither can you participate in road race championships.

I do not foresee any major expenditure in 2017 unless we need to rent a garage at commercial cost. By increasing our fees last year, we are now in a good position to deal with any unexpected expenditure. I feel that £15 is still extremely good value for the quality of coaching we offer and the subsidised transport costs. Not forgetting the free RR10 and CC6 events. No increase in subs is needed.

Membership recorded at 202. EA registration down by 21 over previous year.

The recommended payment method for club fees is via the Pysubsonline website, however a link to a printable form will be provided on the Hardley website, for those wishing to pay by cheque or cash, fees as above.

Proposed: J Barber

Seconded: A Suswain

## 5. Re-Election of Officers

A re-election of officers was proposed (*changes in italics.*)

President	Mick Anglim
Chairman	Adrian Mudle
Secretary	Ray Noke
Treasurer	Jan Anglim
Membership Secretary	Kim Cotton/Wainwright
Webmaster	Jeremy Barber
Hants Road Race Captains	<i>Alice Ryder, Tim Anetts</i>
Cross Country Captain	<i>Mick Anglim (interim)</i>
RR10 Captains	<i>Rob Wells, Dan Latham</i>
CC6 Captain	Simon Ibbotson
Tri Captain	Mick Anglim
Club Coaches	Chris Harris, Steve Henry, Andy Simpson, Ian Ordish
Events Listing	<i>Tamsin Roberts</i>
Events Listing (Applemore)	Chris Harris
Club Kit	Marilyn Farmer
Publicity Officer	Sue Renyard
Social Committee	<i>Sarah Hood, Danii Bundy, Sally Kirk, Ann Maylott</i>
Exbury 10K	Sue Stone
Solent Half Marathon	Chris Harris, Ray Noke, Mick & Jan Anglim, Judy Bannister (Marshalling), Tiffany Hanley, Adrian Mudle Claire Aplin, <i>Sarah Fitton, Mel King</i>

Proposed: C Harris      Seconded: M King

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### 6. Membership Secretary's Report

Membership recorded at 202. EA registration down by 21 over previous year. New UKA rule has been brought in re non EA registered competitors not scoring for their club in Open races. Our President has lodged HR's objection to this ruling in respect of HRRL races. To be discussed at next HRRL meeting.

The recommended payment method for club fees is via the Paysubsonline website, however a link to a printable form will be provided on the Hardley website, for those wishing to pay by cheque or cash, fees as above. Membership renewals due 1<sup>st</sup> April 2017.

### 7. Club Kit

A good selection of kit has been sold through the year. Ian Hawker's shop in the centre of Hythe has proved to be a good location as there are plenty of cash points in Hythe, plus runners are able to try on the kit before purchasing. Every item sold is recorded in a duplicate book and receipts are given. The sales are summarised and taken off the stock sheets and this is then balanced to the end of year stock take. Price list of all kit is available on the HR website. Reflective ware is now kept at Applemore Recreation Centre which is the responsibility of Chris Harris. There are still items for sale in the old colour purple at a reduced price.

### 8. Cross Country

Only two more races remaining and unfortunately our Hardley men have been very poorly represented this season. The ladies have entered two complete terms in two races and there will be a team entered in the race on Saturday 11 February at Staunton Park.

It is likely that HR men will be relegated to Division 3 for the first time at the end of this season.

Hopefully we can encourage more of our members to run in the 2017/2018 season.

### 9. Hants Road Race League

Adrian announced he would be standing down from this position, but replacements have been found.

After the last race the Ryde 10 Hardley runners position in the league look better from the previous year end, the team positions changed as follows

Ladies	Score 2015/16	Score 2016/17	Position	Change
A Division 2	34	41	6	=
B Division 2	63	53	2	+5
Men				
A Division 2	54	36	4	+2
B Division 2	63	56	2	+2

Alice Ryder, and Tim Arnetts will be taking over the roles of HRRL Ladies/Men's captains.

Proposed: M Anglim  
Seconded: J Anglim

### 10. CC6 League

6 out of the now 8 races have been completed in the 2016-2017 Series. Only Denny Wood and Wilverley Plain remain.

This year there was an additional race at Whiteley and also three new clubs (Hedge End, Netley, Soton Tri), so it will be interesting to see the effect this has on the final results.

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### Our Race at Dibden in November

The 3rd race in the series was our own, held in Dibden Inclosure, which went well overall and I received good feedback from the runners.

Also of note here is that our race had the largest attendance out of the 6 so far (201) and there was only one more man than lady, which I think is the closest it has ever been.

Thank you to everyone that helped to make the race possible.

### Stats for 2016-2017 vs 2015-2016

On average we have fielded 10 men per race and 5 ladies (last year 13 men, 5 ladies).

26 men and 12 ladies have taken part in at least one race (last year 29 men, 12 ladies).

### Current team positions:

7th place for the men's team and 5th place for the ladies team (last year 7th for men and 7th for ladies)

So we are currently holding our position for the men's team and have a two place improvement for the ladies team.

### Individual positions:

Our top men's positions so far are Tim Anetts and Jappas Du Preez who each finished in 6th place.

Our top ladies position so far is Charmaine Bradford who finished in 9th place. Charmaine has also completed all races so far, so well done for keeping up the attendance.

Don't forget that individual results are calculated from your best 4 races.

Finally, well done to everyone that has taken part so far. The next race is Denny Wood on the 19<sup>th</sup> Feb, so come along if you can.

## **11. RR10**

Men 12th Overall (down from 9th)

Ladies 8th Overall (up from 15th)

39 men competed

23 women competed

62 overall

Highest Man: Ben Andrew 12th Overall

Highest Lady: Alice Ryder 6th Overall

Champions:

MV70 Malcolm Renyard (2nd Mike Clarke, 3rd Paul Newby)

Runner Up FV50 Aleks Burlinson

Runner Up FV70 Ann Bruce-Low

Most improved Runner - Simon Ibbotson

### Our race - 2016

Successful event - great marshals and volunteers

Medical emergency on field required ambulance. Grateful thanks to all concerned but especially to Paddy Butler, Jane Morgan, Charmaine Bradford and Josh Bennett. A thank you was received from David Nixon, the Romsey runner involved. 179 men and 172 women ran

### Series Format

Felt to be successful in its aims - retained for 2017.

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Key driver to reduce attendance numbers at an organisational level by capping eligible runner numbers consistently across all races.

Our race 31st May at Cadland Common, Blackfield (same venue as 2016 race)

### **12. Solent Half Marathon**

Chris Harris presented her report on our 2016 race and confirmed a record number of entries over recent past. The feedback and reviews from participants and spectators and marshals was excellent and a very good entry from Hardley Runners. Much praise received re our friendly marshals. Tesco and Waitrose donated the bananas at the finish line, and Honda provided the lead car and driver. It was recorded that the superb publicity material designed by Claire Aplin was one of the reasons for this as well as the individual efforts made by club members on 'entry drops' on car windscreens at races. Although the children's fun run was organised at late notice this did not detract from its success as there were 45 entries. Proceeds to go to local charities. Ideas for 2017 always welcome as are new members for the committee. Hopefully the HR cake stall will again be available (ladies and men, get baking !!) The post race evening meal at Sea Shells was an excellent way to finish off a very successful day. This year's event Sunday 24<sup>th</sup> September

#### **Exbury 5M**

This event will not be taking place this year, but talks between the Hardley Runners and Exbury Gardens are already taking place. It was felt that the race was down in entries in 2016 because of the distance, ie not being an official 10k race. It was not thought that the beach footpath would be reinstated for some time and discussion was taking place to try and get extra distance in the Gardens to lengthen the race. Sue Stone is looking for extra help between now and the race in 2018 and she will be standing down as Race Director after this date.

### **13. Social Committee Report**

Due to work commitments Steve Henry will be standing down from his position of Captain of the Social committee. There were three main events throughout the year - Awards Lunch, post Solent Half Marathon Meal and the Xmas Dinner Dance. The 2017 Awards Lunch will again be taking place but at the more popular Bartley Lodge Hotel at Cadnam. There will be runs and hopefully a walking group available with changing facilities and use of the swimming pool. The date of Mothering Sunday was discussed but it was felt too late to change the date at this stage. New members of the social committee available under "Re-Election of Officers".

### **14. Hardley Website**

The Committee thank Jeremy Barber our superb Webmaster for his continued commitment and enthusiasm throughout the year in keeping our website up-to-date. A request that club members provide Jeremy with articles and photos for publication on a regular basis was essential. Jeremy commented that Facebook was proving helpful with club running news and articles etc.

### **15. Training/Coaching**

Chris Harris reported that the training sessions were going well with both Tuesday and Thursday sessions well supported. Again the extra publicity provided by Claire proved invaluable in advertising our Club. New courses/sessions have been introduced this year. There was a good transition between the Beginners group and those joining HR. Training sessions will go into the Forest earlier this year. Chris informed the club that Run Together (a UKA introduced scheme) has replaced Run England. Three HR members training for the London Marathon. A 5k time trial takes place regularly and is recorded on a spreadsheet by Jeremy Barber. Steve Henry successfully completed his Level 3 Coaching Course. Track training at Applemore College again is likely due to the suggested cost of track white lining at Gang Warily. Many thanks to the Hardley Coaches, Chris, Andy, Steve, Ian, Paul and Kim for their invaluable work throughout the year.

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### 16. Awards Lunch & Run

26<sup>th</sup> March. Watch your emails for details of runs/walks and respond directly.

### 17. Any Other Business

- Jeremy Barber. parkrun review? Should these be added to our Results?
- Paul Blundell. Should Duathlons be added to our Events Listing?
- Miles of Miles. A Wednesday towards the end of June ?
- Steve Bennett proposed Cycling Time Trial affiliation. As this was only £30 p.a. it was agreed. Mick Anglim to arrange.
- Approach by local Councillor to organise a local Charity event in Dibden Inclosure with proceeds going towards the Hythe Pier fund. Mick Anglim in discussion with the Forestry Commission. A 5k run and walk plus a children's fun run proposed.
- Solent Half Marathon. Remaining monies to be donated to charity. Donations were agreed to Minstead Trust, Waterside Cancer Support Charity and Hythe Sea Scouts (to provide help/support to 2017 SHM)
- parkrun was confirmed as not a Registered Charity.

### Diary Note:

1st Committee meeting for 2017 to be announced shortly.

Thanks to Jan for organising the buffet. (We are always a hungry lot !!)

Meeting closed 21.20  
Minuted by Linda Noke  
for Hardley Runners