

# Hardley Runners

## Minutes of HR committee meeting held on Wednesday 29/06/2022 - Sarah's House

### Present

### Apologies

Tim	Anetts	Jeremy	Barber
Mick	Anglim	Danii	Bundy-Marsh
Charmaine	Bradford	Sally	Harbut
Matt	Casey	Sarah	Hood
Jack	Fairbrother	Roger	Morgan
Sarah	Fitton	Adrian	Mudle
Chris	Harris	Tamsin	Roberts
Jane	Hodge	Rob	Wells
Simon	Ibbotson		
Dan	Latham		
Peter	Pimentel		

#### 1. Membership Report

Total membership numbers remain consistent with previous years with the breakdown as follows:

119 Full members  
7 out of country  
31 non EA  
5 Young persons  
2 Lifetime

The majority of new memberships are runners completing the beginners course, either this year or from previous years. With a recent influx of new members following the completion of this year's course.

Hardley Runners will remain on V1 of LoveAdmin our membership software until further notice. V2 has been released for new customers, but those wishing to preserve existing data have been advised to remain V1 for the near future. This version will remain supported.

#### 2. Treasurers Report

No representative present.

However it was reported the Exbury 10k raised £350 worth of charity donations for the chosen charity Maggies.

With Solent Half activities ramping up there will be associated outgoings over the next few months.

### 3. **Coaching Report**

#### **Training**

It was reported the training sessions were receiving positive feedback and the track has remained well marked up throughout the sessions.

Track sessions will end for this year at the end of July, however there are some timed events still planned (1m, 5k).

Forest sessions have been well attended and meeting by the pylon continues to work well. Details of recent or future running events are being shared at the start of each session to encourage knowledge sharing and inclusivity of events.

Hardley Runners currently has 3 qualified run leaders and coaches, with a good split attending beginners and club training sessions. The club will continue to allocate 2 leaders for each training session, one to take the session and one to support allowing for cover should any incidents occur. Julie will progress her current qualifications to include level 3 coach later this year.

#### **Beginners**

Utilising the donation given by Red and Green practice, additional coaches and run leaders were trained in time to host 2 beginners courses this year. One at Dibden (forest) and the other at Blackfield (Gang Warily).

Thanks was passed to everyone who helped out at these events offering encouragement, not just the coaches.

Although numbers of attendees were lower at Blackfield than Dibden, the club has seen a high percentage of these runners continue with approx. 10-12 beginners now attending regular club training sessions.

A great article was written and published by one of the attendees of the beginners training. A suggestion was made to follow this up with another article now the course is complete and some of the attendees have already been entering events such as the Copythorne 5k. These successes could also be shared with Red and Green practice.

For future beginners courses it was suggested the two locations of Dibden (forest) and Blackfield (Gang Warily) could be alternated as they both offer different benefits whilst promoting visibility of outdoor exercise in the two communities.

To help with future promoting of the courses, attendees should be surveyed as to how they found out about the event ie, poster, social media, friends etc.

### 4. **Welfare Report**

DBS checks are complete for all current coaches and leaders with certificates logged. This remains important, for example NFA require these details for hiring the track within the school grounds.

Although no one has requested club support with membership fees in times of financial hardship, this option will remain, to keep membership available to all.

A welfare issue regarding lift sharing to events has been successfully resolved. Although it was felt by the committee a follow up visit would be beneficial. Car share options will continue to be publicised and available to all members.

#### 5. **Club Kit Report**

There remains some old stock of club kit, more mens than ladies stock is available. More new kit will be ordered shortly.

The first batch of new hoodies have been received and currently being distributed.

An example of the new bobble hat in club colours was shown to the committee, with production ready for autumn. It was suggested these could be form part of the Oakhaven fundraising discussed in AOB. With an approximate donation of £15-18

#### 6. **HRRL Report**

It was reported the 2021/2022 season is now complete and consisted of 10 races, rather than the usual 12 due to COVID issues. The 2022/2023 season will return to 12 races. Club members will be notified as these become open for entry, with the complete fixture listing available online and in latest email sent to members.

The desirable mugs and t-shirts are currently being ordered with 6/10 races needed for a mug and 10/10 (or 9 + marshal own race) for a t-shirt.

All team results are up on previous years with 132 race finishers across the season with a gender split of 63% male and 37% female.

Ladies A team 2<sup>nd</sup> in A Div2

Men's A team 4<sup>th</sup> in A Div2

Ladies B team 9<sup>th</sup> in B Div2

Men's B team 6<sup>th</sup> in B Div2

It was noted 56 members took part in at least once race with the best attended race being Stubbington 10k.

#### **Club Championships**

The Alresford 10k was the club championship race this year with the Lordshill 10k being voted in a the club championships race for 2023 due to it now being back as a HRRL race.

It was requested to put forward to the HRRL committee if age related categories could be published as it is believed these are known, just not made visible.

#### 7. **CC6 Report**

It was reported 9<sup>th</sup> October 2022 as the date submitted to Forestry England for Hardley Runners hosted CC6 event.

Current issues around porta-loos and parking are planned to be discussed at the league meeting 13<sup>th</sup> June.

Due to the bad mobile phone signal in the forest, it was suggested two way walkie-talkies should be accessible for our event (noting the Exbury 10k had walkie-talkies for this exact reason.) To be discussed whether the league can provide these for use at all events.

#### 8. **RR10 Report**

New venues have been added due to the loss of several forestry locations venues this year.

It was noted that a few runners picked up injuries at the most recent course (Ridge Farm).

Although fielding a good number of men, the numbers of ladies is less with approx. 25 men / 6 ladies taking part.

The hosting of our own RR10 was stated as a 'good event' with positive feedback.

The next RR10 is this Wednesday 6<sup>th</sup> July at River Hamble Country Park, noting the earlier start time of 7pm, lift sharing was encouraged as always and will be communicated to members.

#### 9. **Hampshire Cross Country Report**

The issue of ongoing low attendance at these events was raised. Fielding only one female runner at two of the races (although these were 2 different runners) and on average 2 or 3 men at each event.

This has resulted in the men's team being relegated from Div2, this does however mean a men's team now only needs 3 members competing rather than 5.

Potential reasons discussed for the low attendance included:

- Calendar clashes with many HRRL races the same weekend
- Non favourable start time
- Locations further away
- Members reluctant to enter due to even our fast runners finishing further down the field than many other races.

It was suggested to give a higher weighting to these events in the London Marathon club place scoring (for the 2022-2023 season). Or perhaps a reward such as free running kit for members who complete the league.

#### 10. **Solent Half Report**

Advertising of the Solent Half 2022 has now begun with participants starting to enter. There will still be a limit of 500 for the event this year.

Areas of outstanding work include further advertising, marshals, prizes, water stations. Mick kindly offered to make contact with the 3 usual suppliers of hosepipes, water and dustbins along the route. Mike is soon to be moving out of area but everything is progressing on target with the current team.

Parking was discussed with current parking at Gang Warliy. It was thought that the nursery parking was unavailable this year but this was to be confirmed. Other options discussed were the scout hut, medical centre or Blackfield Primary.

It was confirmed there would be a children's race this year and the mementos would be an eco-friendly buff and medal.

#### 11. **Publicity Report**

No representative present. However follow ups to the beginners article, Exbury 10k (both men's and women's team prizes) and Alresford 10k (age category winners) were mentioned as good publicity opportunities.

It was noted that it is up to all members to notify the publicity officer of potential publicity material as the committee is not always aware of the achievements of our members.

#### 12. **Diary**

No representative present, but diary remains up to date with future events being added.

#### 13. **Web**

No representative present.

Following notification at the AGM that the current website and host environment need to be upgraded, contact has been made by Simon to a local web developer for a basic WordPress site supporting multiple administrators (keeping all the extensive history archives the current website supports). It was suggested a follow up email and potential meeting to discuss storage / hosting etc should be arranged.

#### 14. **Social**

No representative present. However it was noted a date and location for the awards ceremony needs to be set in line with end of season races and collecting back trophies with time to engrave.

#### 15. **AOB**

##### 1) Housekeeping of Strava / Facebook groups

It was noted the cleansing of Strava groups was already in progress for non-members showing up in leader boards.

There was discussion as to whether non-members should be allowed to join / remain part of the Facebook group. In conclusion the majority agreed this was beneficial with the agreement that anyone found abusing the system would be evicted from the group.

##### 2) Oakhaven 100 -> 1000

It was suggested Hardley Runners could gain positive publicity from being part of the 30 organisations celebrating 30 years of Oakhaven by accepting the challenge of turning £100 into £1000.

Ideas were already in place for charity breakfasts, sales of bobble hats and charity money available from the Solent Half race. The committee supported this proposal.

If additional funds needed to be generated it was suggested some of the money could be used as prize money in the club handicap event with a small entry fee being charged.

3) Exbury 10k

Members had reported missing marshal request emails related to this event. LoveAdmin system to be checked for blocking emails.

Thanks was passed on to Sarah and Hardley team for a really successful event with the date confirmed for next year - 25<sup>th</sup> June 2023.

A charity donation was confirmed of £350 going to Maggies, a charity favoured by many of our members.

4) Mile of miles

With the postponement of the event this year, track availability is still being assessed for a potential event following the RR10 season. Noadswood was suggested but it is thought the grass track would not be well enough marked by September and parking may be an issue. Jack kindly offered to initiate conversations with Southampton coaches regarding use of the Southampton running track.

5) HRRL meeting feedback

The committee were notified of a few key points from the recent HRRL meeting, giving visibility of a forthcoming southern inter-counties championships event in Brighton. It was also noted the current official course measurer would like to step down and needs a replacement to cover Hampshire region, full training and equipment needed is provided.

6) Future meeting locations

It was noted if rotating committee members houses becomes an issue, alternative locations were suggested as The Dusty Barrel Hythe or Vibrant Brewery (not open Wednesdays)

7) Date / Location of next meeting

Wednesday 7<sup>th</sup> September

Micks house, parking limited but further parking available at the old peoples home nearby.

Meeting closed 8:50 pm

*Charmaine Bradford*

Minuted by Charmaine Bradford for Hardley Runners