

# Lymington 10K & Children's Fun Runs

Sunday 14<sup>th</sup> May 2017 : 10.00am

Woodside Park, Ridgeway Lane, Lymington, SO41 8FP



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10K - £12 - Minimum age 15 years  
Fun Runs: £3 - ages 5 – 15 years  
Free Participation Event (up to 5 years age)

**Trophies and prizes for category winners in all races.  
All finishers will receive a medal**

**1<sup>st</sup> 10K Man and Woman Receive an essence of Senspa Spa Day  
Voucher for 2**

**Inter-School Team Trophy for 12–15 age group**

**10K limit – 1,300 Fun Run limit – 250 in each age category**

**ONLINE ENTRY DEADLINE – midday 12<sup>th</sup> May 2017  
Online Entry Only – No postal entries**

**Register at [www.lymingtonlifeboat.co.uk](http://www.lymingtonlifeboat.co.uk)**

**POSITIVELY NO ENTRIES ON THE DAY FOR ANY EVENT**

Event hotline: 01782 398 114 or email: [lymington10k@frsystems.co.uk](mailto:lymington10k@frsystems.co.uk)  
Fun Run queries: [valeria.sesto@athletesinmotion.co.uk](mailto:valeria.sesto@athletesinmotion.co.uk)

**Dinner for two at Chewton Glen for the 10K runner raising the highest  
sponsorship. Prize draw entry for runners raising at least £25 sponsorship**

**ALL MONIES RAISED WILL BENEFIT LYMINGTON LIFEBOAT**