

Risk Assessment: Hardley Runners Tuesday & Thursday Training Sessions

Date:	Assessed by:	Location :	Review :
13 / 04 / 21	Chris Harris	Dibden Enclosure (D.E) field parallel to A326 , behind pylon.	May 17 th 2021

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
<p>Spreading transmission of Covid-19 by an infected person. Although it is now recognised the risk of spread is low in open spaces.</p>	<p>Runners may pass on the virus to each other, the coaches & members of the public.</p>	<p>We are now returning after lockdown. It is now documented that "the risk is low in open places " Social distancing .</p>	L	<p>1.Covid-19 Officer in place – Chris Harris .2. Covid plan risk assessment, review at regular intervals (or steps) & change as necessary 3. Take note of runners at session, by taking a photograph (obtain consent). The Coach leading the Session will take the photograph & inform C.H who will record names on a Covid-19 register 7 hold for 21 days.</p>	L	<p>Chris Harris Following discussion with Coaches .</p>	May 17 th	
<p>Meeting outside Applemore Recreation Centre(A.R.C).</p>	<p>As above. U.K.A have stated, do not lead a session with multiple groups across different areas of public space.</p>	<p>Returning from Lockdown. Continue to meet at D.E as last Summer.</p>	M	<ul style="list-style-type: none"> 1.Meet behind Pylon (see location) distancing from the public. <p>The coach taking the session will arrive early, to ensure social distancing.</p>	L	<p>Chris Harris Following discussion with coaches</p>	May 17th	

<p>There will be a significant number of runners returning to training, following the lockdown of 4 /12's duration.</p>	<p>With these expected numbers of runners, safe practice maybe compromised.</p>	<ul style="list-style-type: none"> Prior to the lockdown: historically one Coach took the session it was accepted that Run Leaders attending the session would lead groups & support as necessary. <p>N.B : coaches not running that night would inform the Coach taking the session.</p>	<p>M</p>	<p>More Structure is required to:</p> <ul style="list-style-type: none"> support the Coach, for new or vulnerable runners, to assess the environment, lead groups & ensure runners exit the forest safely (using the Pelican Crossing) <p>There will now be a named Coach & a named Run Leader covering each session.</p>	<p>L</p>	<p>Chris Harris Following discussion with Coaches</p>	<p>May 17th</p>	
<p>Injury</p>	<p>Runners, Coaches & Run Leaders.</p>	<ol style="list-style-type: none"> Coach – Mobile phone. Any Risks are explained to the runners at the start of the Session A. Enquire if any runners have an injury, B. Returning after contracting Covid -19. 	<p>M</p>	<ul style="list-style-type: none"> Each coach will carry 2 masks gloves, & hand gel. All Coaches hold a First Aid Certificate. <p>The Runner does not take part if showing symptoms or are self Isolating..</p>	<p>L</p>	<p>Chris Harris Following discussion with Coaches</p>	<p>May 17th</p>	